

2020 Vision for Healthy Households at NorthBridge

<p>Healthy Spirituality</p>	<p>This next year is not mine. It is His. I commit to plan ahead.</p> <p style="text-align: center;">_____</p> <p style="text-align: center;">(signature)</p>	<p>Scripture goals: Prayer goals:</p>	<p>Obedience goals:</p>
<p>Healthy Self-Care</p>	<p>Physical goals:</p>	<p>Emotional goals:</p>	<p>Financial goals:</p>
<p>Healthy Relationships</p>	<p>Family/Friend goals:</p>	<p>“Others first” goals:</p>	<p>Coworker/Neighbor goals:</p>